



# Vipassana Center

Dhamma Sumeru

2610 Mont-Soleil

OPEN DOOR DAY

Sunday June 2nd, 2019 from 10 am to 6 pm

Vipassana meditation is a method which is practical, universal and open to everybody, irrespective of individual philosophical or religious choices. It helps one to live a balanced, positive and happy life.

We have been offering courses for adults and children at Dhamma Sumeru for 20 years. All of the courses as well as the center's operations are supported exclusively by volunteers and through donations.

If you are interested to learn more about the practice of Vipassana and about our organization, we would like to invite you to our Open Door Day on Sunday June 2nd, 2019.

You are cordially invited to come and visit us. Children are also welcome.

*Nous parlons français ~ Wir sprechen Deutsch ~ Parliamo italiano*

Guided visits ~ Videos ~ Photo Exhibition

Games for children ~ Snacks and drinks

we are happy to see you soon and meanwhile present you our best wishes

Association Vipassana, Switzerland

Call 032 941 16 70